Somers Elementary School Snack Expectation

At our last SSC meeting, we had a lengthy discussion surrounding the topic of school snack. You are receiving this notice because your child’s grade level currently supports the idea of children having a healthy snack in the first half of the school day. KUSD does NOT have a policy requiring schools to offer the opportunity for a snack at school so it is a privilege. We do offer breakfast and lunch to all students.

Somers Elementary School values the positive impact of having a healthy snack between breakfast and lunch for our students. However, parents must remain aware that we have a growing number of students with food related allergies. If we were to allow all types of snacks, there is a strong likelihood that a student’s health could be jeopardized. For example, a student with a peanut allergy who sits at a table where a student just finished eating a snack containing peanuts or a peanut byproduct could have a severe reaction requiring us to administer emergency medical treatment.

As a result, I am respectfully requesting that ALL parents strictly adhere to sending ONLY snacks from the following approved list:

- Fruits (Dried, fresh, sauce, squeezable, or other solid forms)—we do not provide spoons!
- vegetables
- Cheese
- Meat Products (snack size)
- Yogurt (no nuts)
- Granola (no nuts)
- Popcorn (no nuts)
- Rice Cakes (no nuts)
- Water (no juice)

Unfortunately, we have had some push back from some families regarding this school level policy. One of the most important things that I am responsible for is student safety. If I cannot get 100% support on this, I will have no choice other than discontinuing this snack privilege. School must be a safe place for ALL children.

If your child comes to school with a snack that is not on the approved list, he/she will be asked to wait and consume that snack during his/her lunch period later in the day. No alternate snack will be provided for them.

Thank you for your support on this! If you have any questions or concerns, please do not hesitate to contact me.

Respectfully,

Scott Kennow, Principal
Somers Elementary School